Track: 2018-06-27 Monte Macirenelle **Date: 27/06/2018**

Track: 2018-06-27 Monte Macirenelle	**IBP = 126 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	11.34 Km
Analyzed distance	11.34 Km
Lineal distance	0.03 Km

Accumulated climb	1336.9 m
Accumulated descent	1348.4 m
Maximum height	2000.6 m
Minimal height	667.3 m
Climb rate	23.63 %
Descent rate	24.03 %
Positive climb difference per	117.89 m
Negative descent difference per	118.91 m

Total time	5:33:10 h
Time in movement	4:15:10 h
Stopped time	1:18:00 h

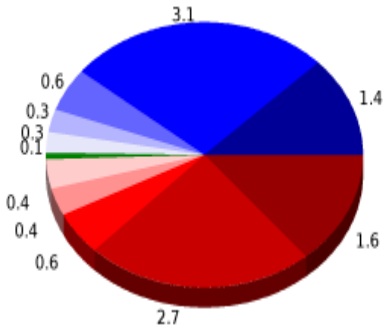
Total speed average	2.04 Km/h
Average speed in movement	2.67 Km/h
Maximum held speed	5.91 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	921 (cad. 12.32 m)
Significant points	318 (cad. 35.78 m / 34.53 %)
Aberrant points	98 (10.64 % d. total)

Direction changes per	14.11
Direction changes >5º per	11.46
Accumulated straight stretches	0.954 Km
Straight stretches per	84.13 m
Penalizables slope changes	3
Penalizables slope changes per	0.264

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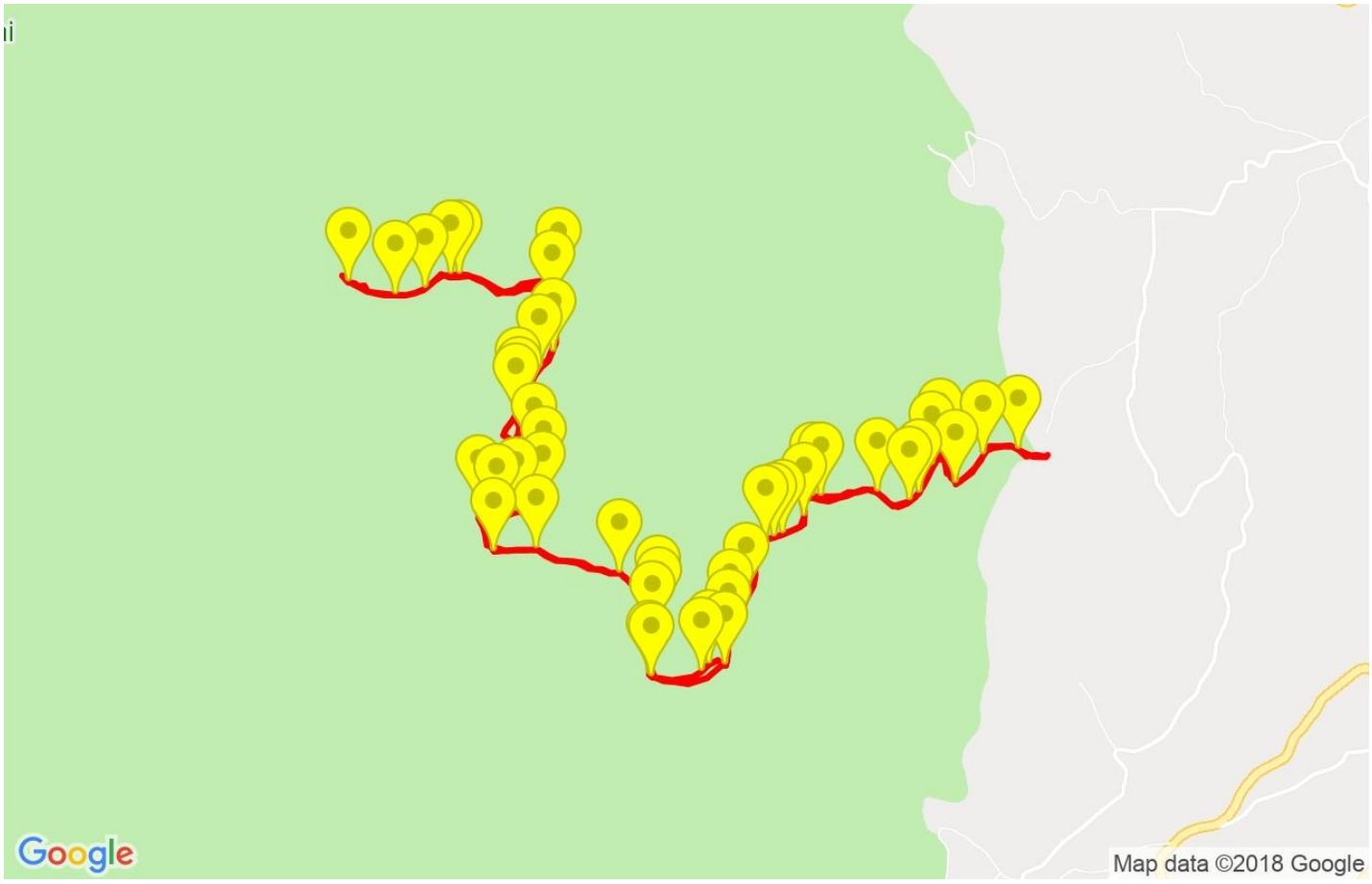
Summary of slopes

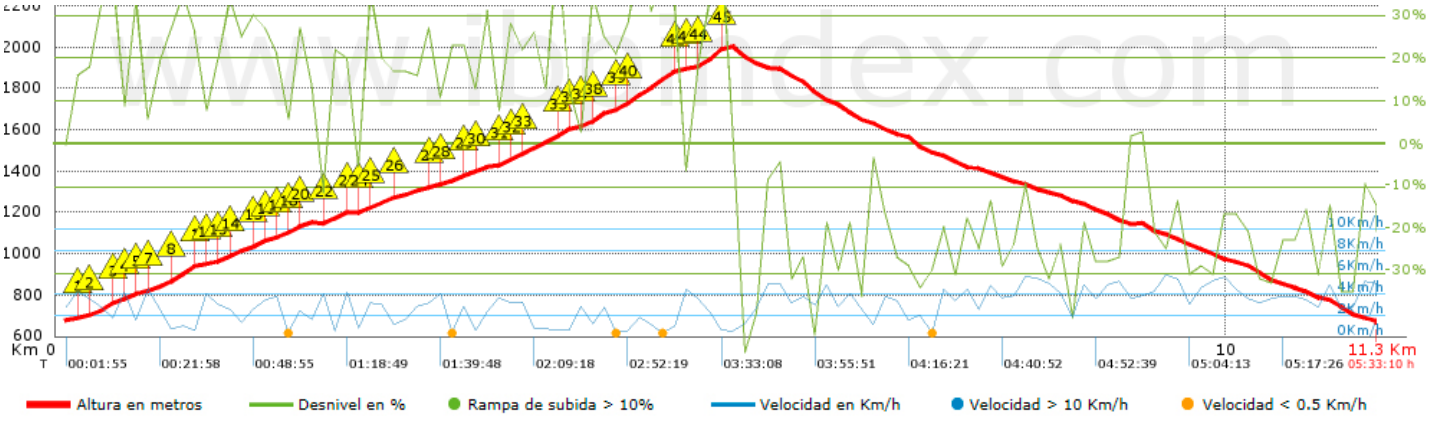


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.603	14.14	1.72	0:55:57
	Between 15 and 30%	2.705	23.85	2.53	1:04:09
	Between 10 and 15%	0.588	5.19	3.45	0:10:13
	Between 5 and 10%	0.371	3.27	3.41	0:06:32
	Between 1 and 5%	0.389	3.43	3.08	0:07:35
	Total :	5.657	49.88	2.35	2:24:26
	Plain				
	Difference of 1%	0.075	0.66	2.33	0:01:55
	Breakdown descents				
	Between 1 and 5%	0.257	2.26	3.2	0:04:49
	Between 5 and 10%	0.285	2.52	5.87	0:02:55
	Between 10 and 15%	0.615	5.42	4.14	0:08:55
	Between 15 and 30%	3.068	27.05	3.37	0:54:42
	Between 30% and 55%	1.386	12.22	2.22	0:37:28
	Total :	5.611	49.47	3.09	1:48:49
	Total track :	11.34	100 %	2.67	4:15:10

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
 1	0.143	14 %	141 m
 2	0.285	31 %	145 m
 3	0.429	23 %	148 m
 4	0.577	32 %	76 m
 5	0.653	13 %	103 m
 6	0.756	20 %	41 m
 7	0.797	21 %	134 m
 8	0.931	35 %	216 m
 9	1.147	26 %	30 m
 10	1.277	15 %	106 m
 11	1.382	14 %	32 m
 12	1.414	21 %	30 m
 13	1.444	28 %	241 m
 14	1.685	22 %	116 m
 15	1.801	18 %	65 m
 16	1.866	20 %	112 m
 17	1.978	31 %	66 m
 18	2.044	27 %	35 m
 19	2.079	38 %	37 m
 20	2.26	18 %	39 m
 21	2.299	25 %	148 m
 22	2.447	20 %	44 m
 23	2.595	18 %	40 m
 24	2.635	27 %	212 m
 25	2.846	18 %	304 m
 26	3.15	13 %	143 m

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27	3.294	22 %	181 m
28	3.475	20 %	110 m
29	3.584	27 %	72 m
30	3.755	26 %	134 m
31	3.889	26 %	116 m
32	4.005	31 %	249 m
33	4.254	47 %	30 m
34	4.284	41 %	37 m
35	4.32	13 %	142 m
36	4.462	17 %	74 m
37	4.537	33 %	180 m
38	4.717	25 %	111 m
39	4.828	38 %	400 m
40	5.228	35 %	34 m
41	5.262	40 %	35 m
42	5.474	40 %	208 m
43	5.683	38 %	35 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	35.273	0.31	Excesivo	< 0,5	0:04:16	0:04:16	0.5
1750	1574.36	13.88	0:48:31	1.95	0:11:48	1:00:19	1.57
1500	1827.316	16.11	0:45:30	2.41	0:29:54	1:15:24	1.45
Total :	3.437 Km	30.3 %	1:34:01 h	2.19 Km/h	0:45:58 h	2:19:59 h	1.47 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
0.859	0:02:39	841	0:21:58	0:21:58	0.859
1.071	0:04:15	901	0:29:34	0:07:36 < 10´	0.213
1.945	0:05:25	1099	0:55:53	0:26:19	0.873
2.26	0:05:00	1146	1:08:57	0:13:04	0.316
2.521	0:03:00	1200	1:19:41	0:10:44	0.261
3.294	0:04:27	1337	1:40:21	0:20:40	0.773
3.541	0:04:12	1393	1:50:57	0:10:36	0.248
3.965	0:03:04	1482	2:04:35	0:13:38	0.424
4.077	0:02:36	1510	2:09:18	0:04:43 < 10´	0.112
4.176	0:07:18	1538	2:13:22	0:04:04 < 10´	0.099
4.32	0:04:10	1597	2:24:09	0:10:47	0.144
4.717	0:05:57	1687	2:40:22	0:16:13	0.397
4.793	0:04:02	1711	2:47:28	0:07:06 < 10´	0.076
5.065	0:05:07	1800	3:01:08	0:13:40	0.272
5.609	0:06:41	1952	3:26:27	0:25:19	0.545
5.717	0:04:16	2000	3:33:54	0:07:27 < 10´	0.108
7.379	0:05:51	1516	4:20:36	0:46:42	1.662
Total :	1:18:00 h				

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